

5th Annual 4th Step Workshop

Sponsored by:



When: April 6th, 2019

Location:

**Ankeny First United Methodist Church CLC
710 NE 36th St. Ankeny, Iowa**

MEN & WOMEN WELCOME!

Workshop Starts at 9:00 am

9:00 am - Four Column Resentment List Speakers - Glenn & Judy R., Ames

10:30 am - Break

10:45 am - Fears Speaker - Jim R., Des Moines

11:30 am - Lunch

12:30 pm - Sexual Inventory Speaker - Lisa L., Des Moines

1:15 pm - Closing - Aaron B.

NOTE: \$5.00 donation accepted but not required

"Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face, and to be rid of, the things in ourselves which had been blocking us."

Questions call: Aaron B. 422-4031, Patrick P. 360-2175, or Brad I. 202-8510