

Prerelease Request

I am within six months of my release date. I am requesting an A.A. Contact who will provide a link for me to the A.A. community through transportation to meetings and introductions to other A.A.s.

Inmate Name: _____

Sex: M F

Doc Number: _____

Doc Mailing Address: _____

City: _____

State: _____ Zip Code: _____

Releasing to: (Town or Area): _____

Date of Release: _____

Address after release: _____

Phone No. : _____

Please mail to:

PLEASE RETURN TO:
AA Central Office - District 7
1620 Pleasant, Room 288
Des Moines, IA 50314
515-282-8550 or 1-800-207-2172
dsm.central.office@gmail.com

A.A. Corrections Prerelease Contact Program Procedures

1. As an inside A.A. member you are eligible for this program if you are within three to six months of your release date.
2. Please fill in the attached form and mail it to the Corrections committee. You will find the address at the bottom of the Application form on page 3.
3. The Prerelease Contact will write to you to confirm contact. If the Prerelease Contact fails to contact you within a few weeks, you should write again.
4. You and the Prerelease Contact will set up a meeting at the time of your release. Please provide, on the prerelease form, such information as date of release, when you will arrive in the local area, and an address and phone number where you may be reached.
5. The Prerelease Contact will meet you at an agreed upon time and place to help you adjust to attending your first meetings in the local community.
6. Please remember that the Prerelease Contact is there to make your transition from "inside" to "outside" A.A. meetings as comfortable as possible. There is no "schedule"; it is up to you and your Contact to decide together when the time is right for the Prerelease Contact to rotate on to help someone new.

Dear A.A. Members,

In your area A.A. can arrange a Prerelease Contact for those soon to be released. If you are interested you can be matched upon release to an A.A. member in your home community.

This A.A. member will take you to A.A. meetings, introduce you around, and help you get acquainted and comfortable in A.A.

Your Prerelease Contact is temporary only. They are there to support you, answer questions, and explain the A.A. program of recovery. They will not provide housing, food, clothing, jobs, money, or other such services. You will hear suggestions for sobriety and will be introduced to basic recovery tools—like sponsorship, a day at a time, A.A. literature and A.A.'s Twelve Steps.

Past experience has shown that attending an A.A. meeting as soon as possible after release is key to making a sober transition to life outside prison. Many of us have been where you are and know that the program of A.A. and its fellowship can do for you what it has done for us and countless others.

Complete the attached Prerelease form and mail it to the address indicated. Please do this three to six months prior to your release. The Corrections committee will then match you up with an A.A. Prerelease Contact in the community where you will be living. That person will write to you with information on how to contact him or her once you are released.